# **Program Objectives**

#### 1. Professional Orientation and Ethical Practice

Counseling graduate students will demonstrate a strong professional counseling orientation and identity.

### 2. Social and Cultural Diversity

Students will demonstrate multicultural awareness, knowledge, and skills necessary for competency in working with a diverse population.

# 3. Human Growth and Development

Students are able to demonstrate an understanding of development across the lifespan and the impact on normal and abnormal functioning.

## 4. Career Development

Counseling graduate students demonstrate understanding and application of career development theory to help individuals with career planning and decisions.

# 5. Counseling and Helping Relationships

Counseling graduate students demonstrate knowledge and skills of theories and techniques necessary to engage in an effective and therapeutic helping relationship.

## 6. Group Counseling and Group Work

Students demonstrate competency in preparing and facilitation of group counseling.

#### 7. Assessment and Testing

Students demonstrate the ability to identify effective assessment strategies in order to facilitate treatment planning.

## 8. Research and Program Evaluation

Students will demonstrate an understanding of quantitative and qualitative research methods as well as program evaluation to inform evidence-based practice.

## 9. Clinical Mental Health Counseling: Foundations

Students will demonstrate an understanding of clinical mental health counseling foundations, including history, theory, and assessment in clinical mental health counseling.

#### 10. Clinical Mental Health Counseling: Contextual Dimensions

Students will demonstrate an understanding of clinical mental health counseling contextual factors, including credentialing, cultural factors, and record keeping in clinical mental health counseling.

#### 11. Clinical Mental Health Counseling: Practice

Students will demonstrate an understanding of clinical mental health counseling practice, including techniques, interventions, and advocacy in clinical mental health counseling.